



Palos Verdes Peninsula Village

• Stay Settled • Stay Connected • Stay Engaged

The mission of the Palos Verdes Peninsula Village, a non-profit organization, is to enhance the quality of life for older adults who choose to maintain independent living in the Palos Verdes Peninsula area. Dedicated members and volunteers who provide educational opportunities, organize social events, and coordinate services will assure the success of the PVP Village.

Spring Newsletter 2019

Thank you PVP Volunteers

Meet our Volunteer Tech Guys



Paul Lasman

Since becoming a volunteer with the Village, I have met many friendly and interesting people and have had the opportunity to assist many folks with computer issues and handyman tasks.

Whether it was fixing printers or assisting with basic computer knowledge, replacing light bulbs, installing fire alarms, I am grateful for every chance I have had to meet new people and make some new friends.



Steve Cohen

Providing IT / computer support whether the person being supported is young or mature makes no difference. The easy ones include plugging in a loose connector, turning on a switch that was turned off by accident (some switches are not visible), or finding a misplaced file (assuming it was not deleted).

Then there are the ones that I cannot solve. These issues usually involve mail servers and internet providers and can take hours and require you to contact their help line. It is always satisfying when you can help people and disappointing when you can't.



Palos Verdes Peninsula Villagers thrive within a community replete with friendship, fun, and a helping hand.

Message from our Executive Director, Marianne Propst



April is National Volunteer Month. As we all know, volunteers are the special people who make PVP Village thrive. Every PVP Village volunteer has made it a priority to give back and pay it forward to our community. Our volunteers have become PVP Village friends and

care about each and everyone involved. Many of them are members themselves. They believe in the concept of a Village community supporting and enriching each other as they grow older. Volunteer members are a special breed, recognizing the importance of the PVP Village membership base in order to guarantee its future.

Transportation is the biggest request for volunteer services as some members cannot drive – either temporarily or on a permanent basis. It is understandable how challenging life can be if you are unable to drive for your errands and appointments. PVP Village volunteer drivers help members retain some ability to take care of their needs with the support of a friend.

Some of the same volunteers plan PVP Village programs and host social events in their homes. They give rides to members who otherwise would not be able to attend the gathering. They organize

the food, send the emails, and provide the fun! How great is that.

Volunteers work on our website, from the redesign effort to the backend administration. Volunteers are working on this newsletter, writing, designing, taking pictures and creating a masterpiece.

Volunteers help our office find the best deals on phone service and computers to reduce our administrative costs. They hang pictures and hook up computers and printers. They help figure out our Google drive problems (grrr!) and set us up on new programs. Volunteers assist with Club Express in order to better manage office information.

Volunteer members have signed on to help welcome the newest members of the PVP Village. Volunteers serve on committees and the Board of Directors.

I speak for the entire Village membership when I say how grateful I am for all of our volunteers. If you are a volunteer and looking to get more involved or share more of your gifts with the Village, please call me! We have lots to do but we always make sure we have fun doing it. The Village future is bright because of you. Thank you.

Warmly,
Marianne

*"Thank you for
bringing my
world back to
me."*



Kathy and Gail



Lisa and Tania

A MESSAGE FROM THE BOARD CHAIR, CAROLYNN PETRU



Dear PVP Villagers,

From our own personal and professional lives, we all understand the importance of taking an occasional break from our daily routines to engage in long-term planning. It allows us to appreciate where we are, assess where we

want to go, and determine how best to get there.

Last November, with invaluable guidance from Karen May, your Board of Directors and Executive Director hit the proverbial “pause button” and engaged in a productive Strategic Planning Session. We came away from the meeting re-energized and focused on continuing our transition from a start-up to a mature non-profit organization.

As a result, we already have refined our Mission and Core Values statements; reorganized and expanded our Committees; and set goals for ourselves in 2019 regarding Membership, Volunteers, Community Outreach, Partnerships, and – of particular note – fundraising.

This leads me to our 2018 Annual Report, which was just released. I hope you have a chance to take a look at it on our website. It provides a nice snapshot of where we’ve been during the last year, but there’s an important point I want to highlight. Between membership dues and fundraising from individual donors and sponsors, we were able to cover 87% of our annual expenses. The remainder was paid from our reserves. Fortunately, we are still in a strong financial position thanks to the foresight of our founders. However, the Board of Directors is focusing our efforts this year on improving our fundraising strategies. If you have ideas and/or would like to help with this effort, please contact Marianne.

As we sail into our fourth year, we are excited about all the wonderful things that are happening at the PVP Village. The Board and Staff are committed to making it the very best it can be for our wonderful members and volunteers.

Kind regards,

Carolynn

Smart Giving: a Win-Win Scenario

Some donors like to give appreciated securities to a not-for-profit organization like the PVP Village. Many investors have stocks or bonds which have appreciated over the years, and they will incur capital gains upon the sale of these assets. However, if an individual donates

this asset to the Village he/she may claim the appreciated value of the gift (donation) on his/her tax return. The PVP Village, as a 501(c)(3) (not-for-profit) organization can then sell the asset without paying any tax on it.

The Village has recently opened a brokerage account and is now able to accept donations of assets.



*Sandra and
George Winston*



*Doug
Sharman*



*Suzanne
Weitz and
Kenny Shoor*

PVP Village Welcomes New Members

*Other New PVP Village
members*

*Ray Burns
Susan and Ray Seager
Marylou Sweeney*

*New PVPV members were
welcomed at a gathering
at Susan Wallace's home on
January 30, 2018.*

And Invites you to meet Member Lois Olsen



PVP Village member Lois Olsen has loved art since she was a child. She laughs as she describes her "flying out the window" all the time as her imagination flew into the world around her, filling her head with sparkling images and joyful thoughts.

Lois thanks her dear friend, Pat Prideaux, for introducing her to the PVP Village. Pat's enthusiasm for the PVP Village was contagious. "it's great," Lois says now. "You get to know so many fascinating people, make many new friends." The Monday Readers is one of her favorite activities. She loves to read and to learn what other people feel and what they think.

Lois is very involved in the Palos Verdes Art Center where she paints and works in clay, and attends art shows. She also is a member of TAS (The Artists' Studio), The Paletteers Art Group, and the Circle, a support group for the PVAC.

Lois believes in having an open mind, to be willing to appreciate all forms of expression. Creating art can be very positive and can keep us excited about life.



Her philosophy is that students should not copy what another artist has done but gain the confidence to create from what is inside of them. They should observe what happens when they put a line and color on a painting surface, and when they mix a color, they should experiment, and transport themselves into the process, to accept what they create.

Lois always is looking to find a new media. Abstract art is her current preference; however, it took years of involvement with representational art before she delved into abstract. Lois' home reflects her love of art with her beautiful paintings adorning the walls, ceramic figures lining shelves and table tops and flower arrangements from her garden gracing her table. Film too is exciting and she loves watching the South Bay Film Society selections along with attending the theater. For Lois, even singing with its vast range of beauty is an art form.

Lois married Neal when he still was attending law school. With four children, ten grand-children and a full life, Lois's philosophy of living life to the fullest, loving what she does and those around her, and staying involved personifies "the upside of aging".





MEET VOLUNTEERS STEVE JORDAN AND MARGI BRAUN

Steve and Margi have been volunteers with the PVP Village since day one.

Both Steve and Margi are Midwesterners, growing up and educated in Illinois, Iowa and Minnesota. They were married in 1976, moved to California in 1977 and have lived in Palos Verdes ever since. Steve practiced obstetrics and gynecology at the Kaiser Permanente Medical Center in Harbor City. Margi had a career in information technology with American Honda and Flying Tiger Airlines. They managed to retire early and ever since have been busy volunteering.

Margi and Steve attended the very first informational session on the Village concept held at the public library and immediately liked what they saw. Both offered to volunteer.

Margi helps members with their computer challenges: smart phones, laptops, iPads, email, internet connections, and also provides rides. As an example, she says, "One of the members was preparing for her written exam to renew her driver's license. I joined her at her house for many visits getting her comfortable with her iPad to go online and take the practice driver's license exams. We were soon joking and laughing together, enjoying each other's company and becoming friends as we worked through the practice exams. She became a champ both at using her iPad and acing the driver's license exam."

Steve provides rides, does "handyman" chores and serves as program director on the PVP Village Board of Directors. "We have lived in the Valmonte area for 30 years," Steve said. "Since joining the PVP Village we have discovered at least a half dozen others in our neighborhood who are members and/or volunteers. We probably never would have gotten to know them, and now they are good friends."

A Few Words from our Volunteers.



Hariett Servis

"I volunteer because that is the commitment I made when we joined the PVP Village. I volunteer because I am still able to drive and to safely accompany members to appointments. I enjoy talking to folks, hearing their life stories, and listening to them talk about their needs. This helps me to be thankful for and appreciate my health and well-being."



Jill Smith

"I volunteer because It's a wonderful way to give back to the community that has given us so much. I am privileged to be able to work with our senior community, and it warms my heart to know that I am making a positive difference in their lives. I continue to learn important lessons from our Members just by listening to them."



Peter Alper

"I Volunteer because –
It's better to give than to receive."

THANK YOU to our 2018 PVP Village Donors

\$10,000+

Keith Schultz and Karen May

\$5,000 – \$9,999

Providence Little Company of Mary

\$1,000–\$4,999

Constance Davenport*

Bill May*

Palos Verdes Junior Women's Club

Carolynn Petru

San Francisco Village

Sid and Fran Wielin*

\$500–\$999

Carolyn Ayers

Margi Braun and Steve Jordan

Irene Steinman*

Kathy and Bob Swank*

*Current PVP Village Member

\$250–\$499

Ellen and Paul Alkon*

Ruth Bloland*

Traci Henegar

Dottie and Allen Lay

Ann Shaw*

Jill Smith*

Susan Hamilton Wallace*

\$100–\$249

Helen Dennis*

Anne and Ray Destabelle*

Anita Javitt*

Rachel Ann Miller

Ro Pinto*

Lynn and Phil Solomita

Rowie and Jeff Wolf

Up to \$99

Julie Absey

Dolly and Doug Gordon*

Cordelia and Warren Hwang*

Barbara Reeves*

Mary and Bob Sheh*

THANK YOU to our 2018 Upside of Aging Sponsors

\$1,500.00

Malaga Bank

\$1,000.00

Age Well Life Care Solutions

Complete in-Home Care

A Peace of Mind Home Care

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Shultz

A Treat for Monday Readers

On January 13, 2019, the Monday Readers were entertained at the home of PVP Villager Nancy Veits with a wonderful discussion and Vietnamese dinner prepared by Nhu Tuyet. Having recently read *The Sympathizer* by Viet Thanh Nguyen, PVP Villagers were anxious to learn of Nhu's journey from Viet Nam to the United States. Nancy hosted the young girl, and it was a wonderful experience for the family.



Nhu grew into an accomplished, engaged adult, opening her own Vietnamese restaurant in San Pedro, Nam's Red Door.

What's on Your Mind? How do you want to be involved with the PVP Village? We'd love to know.

The new John & Lynn Taber Grove Park

in Rolling Hills Estates will have a new bridle trail running through it, picnic tables, and a hitching

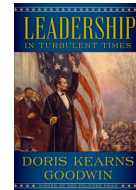


post. It will serve equestrians and residents in the nearby neighbor-

hoods, and the first phase is expected to be completed by April 2019. Thank you John and Lynn, wonderful members of the PVP Village.

Monday Readers and the Wednesday Book Club

share provocative conversation, inspired discussion, and delicious treats at their monthly meetings.



Men of a Certain Age enjoy lunch together each month at a special location.

Palos Verdes Village Health and Wellness Series



We are excited to begin a new Health and Wellness series with a presentation by Helen Dennis on "Successful Aging". Helen is well known to PVP Villagers as a renowned expert on aging, a PVP Village Board member, an integral part of the "Upside of Aging" presentations, and her weekly columns in the Daily Breeze.

The date is May 30, 2019, 12:00 – 1:00 at the Palos Verdes Public Library, 736 Silver Spur Road, Rolling Hills Estates.

All PVP Village members and volunteers, along with friends and the general public are welcome.

Calendar of Upcoming Events

MAR

- 1 5 Celebrate St. Patrick's Day with the Pennyroyals
- 18 Men of a Certain Age Poker Night
- 21 Volunteer Happy Hour
- 22 Pro-Con Topic: "Walled Off: Global Migration" from the Great Decisions Series
- 26 Movie Time
- 27 Ladies' Lunch Out
- 27 Village Book Club
- 29 "Why should I Join the PVP Village?"
- 29 Village Salon Topic: Would you Believe? Fact versus Fiction

APRIL

- 6 Music Bingo
- 8 Monday Readers
- 19 Salon
- 23 SMILE
- 24 Village Book Club
- 26 "Why Should I join the PVP Village?"
- 30 Movie Time

MAY

- 13 Monday Readers
- 17 Salon
- 30 Health and Wellness Series
- 31 World Dining

To RSVP for events requiring reservations, please go to the Village website:

www.peninsulavillage.net; email

villagemainoffice@gmail.com; or call Pat Sneller

310-415-2762.



*Palos Verdes Peninsula
Village*

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Rolling Hills Estates, CA 90274

310-991-3324

www.PeninsulaVillage.net



The PVP Village

offers a world of activities and services – something for everyone.

"Why Should I Join the PVP Village?"

Come and bring a friend on Friday, **March 29th** from 10:00 – 11:00 at the Peninsula Library, Purcell Room, and share the good times, exciting creativity, outstanding support, and much more that you have enjoyed as a member and/or Volunteer of the PVP Village

Activities include:

- Book clubs
- Salons
- Holiday programs
- Potlucks
- Men's and Ladies' lunches
- Happy Hours
- Discussion groups
- Health talks
- Workshops
- And more as defined by our members!

Services Include:

- Transportation
- Household Maintenance
- Assistance with electronics
- Friendly visits
- Pet care
- Special Services

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